



Teen Power & Control

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PEER PRESSURE:

Threatening to expose someone's weakness or spread rumors. Telling malicious lies about an individual to peer group.

ANGER / EMOTIONAL ABUSE:

Putting someone down. Making them feel bad about themselves. Name calling. Making them think they are crazy. Humiliating one another. Making them feel guilty.

ISOLATION/EXCLUSION:

Controlling what another does. Who they see and talk to. What they read, where they go. Limiting outside involvement. Using jealousy to justify actions.

USING SOCIAL STATUS:

Threatening someone like a servant. Making all the decisions. Acting like the "master of the castle". Being the one to define men's and women's roles.

SEXUAL COERCION:

Manipulating or making threats to get sex. Getting her pregnant. Threatening to take the children away. Getting someone drunk or drugged to get sex.

INTIMIDATION:

Making someone afraid by using looks, actions, gestures. Smashing things. Destroying property. Abusing pets. Displaying weapons.

THREATS:

Making or carrying out threats to hurt another. Threatening to leave, to commit suicide, to report them to the police. Making them drop charges. Making them do illegal things.

MINIMISE/ DENY/BLAME:

Making light of the abuse and not taking concerns about it seriously. Saying the abuse didn't happen. Shifting responsibility for abusive behaviour. Saying the victim caused it.